



FALLBROOK
H O S P I T A L

For Immediate Release

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Fall Risk Seminar and Balance Screening

Fallbrook, CA – Are you at risk for falls? Find out at Fallbrook Hospital’s Fall Risk Seminar and Balance Screening scheduled for Tuesday, January 24, 2-4 p.m. Participants will be screened for fall risk using Biodex Balance SD System technology, which assists in evaluating balance limitations and determining proper treatment. Risk factors include age, medical history, medication changes, muscle changes, and a recent injury or surgery. Those determined to be at risk for falls based on the screening will be provided a recommendation for a referral to participate in the new Fall Prevention and Balance Program provided by the outpatient rehabilitation team. The Program is covered by most insurance plans including Medicare and includes a personalized exercise program designed for each patient. High level balance training is also offered for athletes. This free event will be held in Conference Room B at Fallbrook Hospital, 624 E. Elder St. Space is limited. Please call 760-731-8432 to RVSP.

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